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**WHO WANTS PIE?**  
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RECIPE {page 15}



**EX-TINA  
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Monday, October 18, 2010  
[www.metronews.ca](http://www.metronews.ca)



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# Murder victim was known to police

► Police release the name of Saturday evening homicide victim ► Killer wore a skull mask, shot victim in front of family members, police say ► Halifax Regional Police searching for a silver SUV, possibly a getaway vehicle

 **ALEX  
BOUTILIER**  
@METRONEWS.CA

A man wearing a skull mask entered Donald Jermaine Stevenson's family's home and shot the 21-year-old dead in front of two family members, police say.

Police were called to Jarvis Lane in Halifax just after 8 p.m. on Saturday, after receiving reports of gunfire.

They pronounced Stevenson dead at the scene.

Police believe the shooter fled the scene on foot, heading up Duffus Street to a waiting silver SUV parked on Dart-

mouth Avenue, according to spokeswoman Theresa Rath.

Rath also confirmed that Stevenson was known to police.

This is the second shooting in Mulgrave Park in four months.

On July 22, 21-year-old Ryan Matthew White was gunned down on the same

Jarvis Lane block.

An increased police presence in the neighbourhood followed July's shooting, and patrols have been ramped up again.

Two community policing positions were created to address the neighbourhood's problems following White's death.

## Peace officers. Tribute



Honouring N.S. officers killed in the line of duty

## Don't visit N.S.: American site

Web writers irked by province's coyote bounty {page 5}

## NDP's 'gamble'

Stephen Kimber isn't sold on centre's 'potential' {page 8}

## Funny misery

Canadian comic mines the miserable for laughs {page 9}



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THURSDAY'S NETWORKING TEAM



# Memorial honours slain peace officers

- Monument is unfinished — there's still a poem-etched granite slab to be added
- Wife of peace officer, Cynthia Chenard, started a campaign for the monument in 2005



JENNIFER  
TAPLIN  
@METRONEWS.CA

attack," said Marvin McNutt of his father's death. "He was 41."

Yesterday the McNutt family joined many others to remember the province's 21 fallen peace officers and dedicate a new memorial in Grand Parade.

"It's a monument to duty, it's a monument to courage. It's a physical reminder of lost family members who died while

working in the name of protection," said Bob Purcell, representing the Department of Justice.

Grand Parade is a fitting spot for the memorial, said Lt.-Gov. Mayann Francis, since constables were appointed on that ground in the 18th century, and there was a police station in city hall's basement in the 1920s.

Nova Scotia is one of the last provinces to in-

stall a peace officers memorial and McNutt said it was good to see.

"It means a great deal, it really does," he said.

**"We can now gaze proudly upon this site to keep their spirit alive in our hearts and our minds forever."**  
LT.-GOV. MAYANN FRANCIS

"It's quite remarkable."

During the ceremony, 21 wreaths for each of the fallen were laid at the bottom of the monument.

The first officer killed while on duty in Halifax was Const. Matthew Gardner in 1861. He died after responding to a robbery call.

The most recent was Jan. 12, 2010, when Sgt. Mark Gallagher died in the Haiti earthquake.

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## Valiant effort for Halifax in Food Fight drive

Halifax put in a good effort but probably didn't win the Food Fight with rivals Victoria and Regina.

Feed Nova Scotia was hoping to raise 200,000 kilograms in the campaign, but came up with 69,000 after the 48-hour weigh-in over the weekend.

"It's a big undertaking to collect a large volume of food like this in a limited period of time. This is more than we usually raise in a whole month and we did it in just two days," said Dianne Swinemar, executive director of Feed Nova Scotia. "I'm proud of what we accomplished here in Halifax."

• JENNIFER TAPLIN

# Coun. predicts rebound after weekend blaze

RYAN TAPLIN/METRO HALIFAX



Police investigating after fire ravages rec centre



"We're talking about a very, very resilient community, and a very tight-knit community."

BEAVERBANK-FALL RIVER COUN.  
BARRY DALRYMPLE

believes that the fire was intentionally set.

"I have no problem saying that it is (arson)," he said.

Halifax RCMP and fire services were called to the community centre, located at 351 Beaverbank Rd., at 2:39 a.m. yesterday. The building suffered extensive damage to its kitchen and main hall. Dalrymple said the windows along one side of the hall are completely busted out.

Dalrymple also said he

River Coun. Barry Dalrymple says the fire damage to the Beaverbank Community Centre is "heartbreaking," but he believes the community will respond and rebuild.

This would not be the first time the community centre was targeted by vandals. Dalrymple said approximately a month ago the building's windows were smashed out and the power meter was damaged.

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**Contact:**

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Greater Halifax Partnership  
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rwebb@greaterhalifax.com

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Pets. Blessed



► Rev. Catherine MacDonald blesses Kirk, a 12-year-old toy Pomeranian, during a blessing of the animals service at United Memorial Church yesterday.

RYAN TAPLIN/METRO HALIFAX

## Our four-legged friends count their blessings

This was the first year for the blessing of the animals service at the United Memorial Church, and MacDonald hopes to make it an annual event.

# First report on trade centre due tomorrow

- HRM council to receive report on convention centre tomorrow, but a decision not likely
- 'Five or six' different presentations from staff, province and Greater Halifax Partnership



**ALEX BOUTILIER**  
@METRONEWS.CA

Halifax Regional Council will receive its first report on the proposed new trade and convention centre tomorrow, but Mayor Peter Kelly said a decision will not be reached for another two or three weeks.

"(Tomorrow's presentation) is only to get informa-

tion to give staff direction," said Kelly. "The decision won't be for ... weeks after that." Council will hear from city staff, representatives from the province, as well as the Greater Halifax Partnership on the potential benefits and actual costs of the project.

"This is our chance to bring what information we have to council," he said.

"It may be some of the

► An additional "oral presentation" on the trade centre is listed on council's agenda as *in camera*, although Kelly said he does not expect

same stuff the province has given to the public (two weeks ago). It's a chance for council to get it fully, be-

to go behind closed doors tomorrow. "I don't see the need to do anything at this stage in *camera*," Kelly said, adding only specifics of the negotiations between the province and the municipality will be considered.

cause we have not had that opportunity."

Kelly expects the status of the current trade and

convention centre, located across the street from city hall, will also be discussed.

Premier Darrell Dexter announced the province's conditional support for the new trade centre last week.

He has since said that the fate of the current world trade and convention centre, owned by the province, must be decided concurrently with negotiations on the new trade centre.

Dexter said the municipality may want to consider purchasing the trade centre from the province, perhaps as part of a land-trade agreement.

While staying mum on most trade centre matters until council can look at the documentation, Kelly said purchasing the current trade centre represents a "unique opportunity" for the municipality.

## Woman in hospital with gunshot wounds

A 23-year old woman was transported to hospital with gunshot wounds on Saturday night.

Halifax Regional Police were called to a residence on Spencer Avenue in Spryfield Saturday night after receiving reports of gunshots on the 0-100 block of the

street.

The woman was located and taken to hospital with non-life-threatening injuries.

"The investigation is ongoing," said HRP spokeswoman Theresa Rath. "We do not have any suspect de-

scription. We're going on very limited information."

The victim and those interviewed on scene are not co-operating with the investigation, and police do not believe it was a random act.

According to Rath, there was no weapon seized in relation to the shooting, and

police do not currently know the type of gun used.

The investigation is ongoing, and police are asking anyone with information on the shooting to contact either HRP or Crime Stoppers at 1-800-222-TIPS (8477).

© ALEX BOUTILIER

### News in brief

#### Accused to be returned

**MURDER.** A Dartmouth man charged with murdering two men in 2007 will be extradited to Canada from the U.S., No-

va Scotia's Public Prosecution Service confirmed Friday. Glen Race is charged with first-degree murder in the deaths of Michael Knott and Trevor Brewster. Race was arrested in 2007 while trying to cross the U.S.-Mexican border. He was charged in the murder of a New York man killed four days earlier. **THE CANADIAN PRESS**

THE CANADIAN PRESS FILE



► Several writers for the Huffington Post are encouraging Americans not to visit Nova Scotia, to protest the province's coyote bounty, which went into effect Friday.

# Bounty sparks call for N.S. travel boycott

► Huffington Post writers refer to provincial policy as 'predator bounties' ► Annual trapping season underway

A well-known news website in the United States is calling for American tourists to boycott visits to Nova Scotia because a coyote bounty is now in place.

Columnists Camilla Fox and Chris Genovali of the Huffington Post urged their readers Thursday to email Natural Resources Minister John MacDonnell to say they won't be spending tourist dollars in Nova Scotia until he stops "predator bounties."

The website argues Nova Scotia has no good scientific justification for the plan. It also notes environmen-

## Rationale

MacDonnell started the bounty following a series of coyote attacks, including one that resulted in the death last fall of Taylor Mitchell, a folk singer from Toronto who was attacked while hiking alone.

Activists in Saskatchewan raised strong objections to a coyote bounty that was introduced in that province in the past year.

The bounty went into effect on Friday, as the annual trapping season started.

MacDonell has said it's part of a wider plan aimed at reducing aggressive coyote behaviour.

The department has hired a wildlife biologist to focus on human-wildlife conflict and is training 15 trappers to target aggressive coyotes. In addition, trappers will be paid \$20 for coyote pelts sold to fur buyers before March 31, the end of the trapping season.

MacDonell says wildlife officials have removed more than a dozen potentially dangerous coyotes from public areas since April. **THE CANADIAN PRESS**

## DISCOVERY CENTRE MOVE

### NSPI to chip in \$5M to centre

Nova Scotia Power Inc. will donate \$1 million a year for five years to move the Discovery Centre into NSPI's new building on Lower Water Street.

The longtime Barrington Street science education centre will occupy the space in the new

building, slated to be completed in the spring, rent-free for 25 years.

According to NSPI, the Discovery Centre plans to move in within the next three years.

The centre's Barrington Street building was exempted from HRM by Design height restrictions in August.

Developer Fred Medjuck plans to erect a high-rise on the corner of Barrington Street and Sackville Street.

However, the project still must be approved by Halifax Regional Council.

● **ALEX BOUTILIER**

### Man, 49, dead in ATV crash

Nova Scotia RCMP say a 49-year-old man is dead following an all-terrain vehicle accident.

The accident was reported Saturday night in the community of Upper Nine Mile River.

The victim, a resident of Upper Nine Mile River, was pronounced dead at the scene.

His name has not been released.

● **THE CANADIAN PRESS**

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# Williams set to plead guilty in court today

► Details of his double life expected to be heard ► Former commander faces automatic sentence of life in prison

Lurid details of the self-professed double life of Col. Russell Williams are expected to be brought before the public starting today, when the former rising star in the Canadian military is scheduled to plead guilty to murdering two women, sexual assaults and a slew of other criminal charges.

Williams, 47, was the commander of the country's largest military airfield, CFB Trenton, until he was arrested in February and charged in the deaths of Jessica Lloyd, 27, and Cpl. Marie-France Comeau, 38.

The stark contrast between the two images —



► Col. Russell Williams leaves the Belleville, Ont., court recently.

that of a seemingly "well-adjusted," successful military man and an alleged depraved sexual predator — has drawn intense public

## Hearing

► Today's guilty plea will be followed by a sentencing hearing at which victim impact statements will be presented to the court. The hearing is expected to last several days.

attention to the case.

Earlier this month a lawyer for Williams told the court his client would plead guilty to all charges.

He faces an automatic sentence of life in prison with no possibility of parole for at least 25 years.

THE CANADIAN PRESS

## Que. cleric canonized a saint

Brother Andre, the humble Quebec cleric who was credited with miracle healings before his death in 1937, became Canada's first saint of the 21st century yesterday in a moving ceremony at the Vatican.

People cheered in Montreal at the St. Joseph's Oratory when Pope Benedict bestowed the honour on him. THE CANADIAN PRESS

## Forgo the bread, it's meat instead

As what is arguably the world's most infamous sandwich makes its debut in Canada, diabetics and academics hope Canadians give KFC's Double Down — two slabs of seasoned fried chicken sandwiching bacon, cheese and secret sauce — a wide berth.

THE CANADIAN PRESS

**THIS SPACE IS NOT BIG ENOUGH FOR THE NEW DOUBLE DOWN.™**

**SEE PAGE 12 FOR THE BIG STORY**

## DRAMA. SUSPENSE. COMEDY.

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KIM CULBERT

## Soaring high

Today's photo of the day is by Canadian Kim Culbert and was submitted in the Favourite Spot category. The photo is titled Mr. Eagle. Enter your photos today and view more pictures at metrophotochallenge.ca.



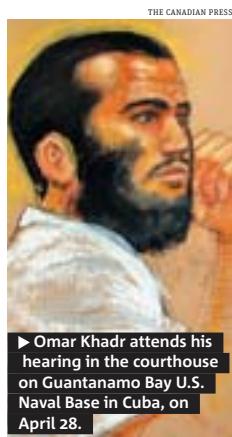
## Media frenzy for Chile miners

Chile's 33 rescued miners are getting substantial offers of money for their story, but made a pact to say little about their 69-day or-

deal while negotiating movie and book rights. They even hired an accountant while underground to track and share

the proceeds, their friend, shift foreman Pablo Ramirez, told The Associated Press.

THE ASSOCIATED PRESS



► Omar Khadr attends his hearing in the courthouse on Guantanamo Bay U.S. Naval Base in Cuba, on April 28.

## Documentary on Khadr to be included in final arguments

A new Quebec documentary about Omar Khadr's grilling by Canadian intelligence agents will be included in final arguments by his lawyers at his war-crimes trial, the directors say.

Dennis Edney, Khadr's Canadian lawyer, gave co-directors Luc Cote and Patrice Henriquez the news when he attended the premiere of You Don't Like The Truth: Four Days

Inside Guantanamo at the Festival du nouveau cinema.

"We don't want to say it will have an impact on the result but at least they can see and perhaps some of them can be touched by what's in the film and can have some compassion or understanding," Cote said in an interview.

The Bloc Quebecois has also organized a screening for MPs in Ottawa.

Khadr saw the film before it premiered in Montreal on Thursday, Henriquez said. Edney told the directors Khadr watched it intently but didn't say anything when it ended.

The film comes out amid reports of a deal that would see Khadr pleading guilty, apparently in exchange for serving most of his sentence in Canada.

THE CANADIAN PRESS

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# U.S. officials eye plan to boost online safety

► Obama administration reviewing an Australian program to increase cyber security ► Move to monitor Internet could invite fierce public opposition

The U.S. government is reviewing an Australian program that will allow Internet service providers to alert customers if their computers are taken over by hackers and could limit online access if people don't fix the problem.

Obama administration officials have been meeting with industry leaders and experts to find ways to increase online safety, as they try to strike a balance between securing the Internet and guarding Americans' privacy and civil liberties.

Cyber experts and U.S. officials are interested in portions of the plan, slated to go into effect in Australia in December. The discussions come as private, corporate and government computers across the U.S. are increas-

## Cyber security

In Australia, Internet providers will be able to take a range of actions to limit the damage from infected computers, from issuing warnings to restricting outbound email.

► Aussie rules Providers could also temporarily quarantine compromised machines while providing customers with links to help fix the problem.

ingly being taken over and exploited by hackers and other computer criminals.

White House cyber coordinator Howard Schmidt told The Associated Press that the U.S. is looking at a number of

voluntary ways to help the public and small businesses better protect themselves online.

Possibilities include provisions in the Australia plan that enable customers to get warnings from their Internet providers if their computer gets taken over by hackers through a botnet.

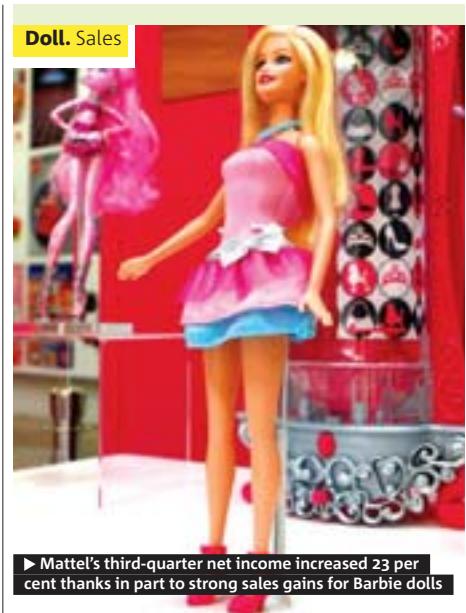
A botnet is a network of infected computers that can number in the thousands, and that network is usually controlled by hackers through a small number of scattered PCs. Computer owners are often unaware that their machine is linked to a botnet and is being used to shut down targeted websites, distribute malicious code or spread spam.

THE ASSOCIATED PRESS

## Public opinion

If a company is willing to give its customers better online security, the American public will go along with that, White House cyber coordinator Howard Schmidt said.

But officials are stopping short of advocating an option in the Australian plan that allows Internet providers to wall off or limit online usage by customers who fail to clean their infected computers, saying this would be technically difficult and likely run into fierce public opposition. THE ASSOCIATED PRESS



► Mattel's third-quarter net income increased 23 per cent thanks in part to strong sales gains for Barbie dolls

REED SAXON/THE ASSOCIATED PRESS

## Barbie's still got it

A display of dolls, clothes, sets and accessories tied to a "Barbie, A Fashion Fairytale" promotion, are seen at the Design Centre at the corporate headquarters campus of Mattel Inc., in El Segundo, Calif. Strong sales gains for dolls, including Barbie and Disney Princesses, and a tax benefit helped Mattel's third-quarter net income increase 23 per cent.

## Canadian economy bounces back again

The Canadian economy appears to be on the mend again after a major stumble earlier this summer that rekindled fears of a possible double-dip recession.

Evidence mounted Friday that July may have been an aberration, rather than the beginning of a downward spiral, as Canadian manufacturing, housing, and U.S. retail sales all came in surprisingly strong.

The latest positive indicators does give Bank of Canada Governor Mark Carney more room to keep hiking short-term interest rates if he chooses, something he is being urged to do by C.D. Howe's unofficial monetary policy council.

Market watchers are still betting Carney will pause after raising the trendsetting policy rate three consecutive times since June to one per cent, and that super-low lending costs will

be in place for the next six to 12 months.

THE CANADIAN PRESS



► Avery Shenfeld

**"Carney would be reluctant to make a U-turn on interest rates, particularly since he fears the longer-term stability risks of excessive credit growth in the household sector."**

AVERY SHENFELD,  
CIBC CHIEF ECONOMIST

## Meet the Regional Operations Management Team, a.k.a. Safety Champions.

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[nspower.ca/safety](http://nspower.ca/safety)

Names, Left to right: John Egan, Ross Boutilier, Scott Cherry, Elaine Trites, Jeff Barkhouse, Sandy McIsaac, Phil Stevens, Kevin Smith  
Missing: Brad Roy, Jerome Power, Keith O'Callaghan



## Market moment



- 10.62  
(12,609.07)



- 0.56¢ US  
(\$98.83)



- \$1.44 US  
(\$81.25)



1,000 cu ft  
\$3.535 US  
(-12.2¢)  
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contracts  
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(- \$5.60)

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# GAMBLING ON THE CENTRE'S POTENTIAL

## Urban Compass

### STEPHEN KIMBER



So Darrell Dexter's government has decided to gamble \$163.5 million of our tax dollars over the next 25 years on a spiffy new, super-sized, half-billion-dollar downtown convention-centre-bunker-hotel-and-office-tower complex we may or may not be able to fill five years from now.

That reckoning — conveniently and perhaps not coincidentally — will coincide nicely with when the bills actually begin to come due and — even more conveniently — after the next provincial election.

During last week's funding

announcement in front of a fawning group of convention centre boosters and self-interested lobbyists, the premier emphasized the development's big-league-making proportions — "one of the largest building projects to take place in our city's history" — and, of course, the centre's "potential" to generate "far-reaching ... spin-offs" along with its "potential to create tremendous economic opportunities for the entire province."

Far too much about this new convention centre is based on its hope-and-prayer "potential," its smoke-and-mirror benefits and its too many un-questioned assumptions.

For starters, of course, there is the question of whether it can succeed. There has been an ongoing, North America-wide decline in the number of larger conventions this centre is designed to attract at a time when many other cities are already building similar facilities to compete for that shrinking market.

Potential benefits? Jobs? Twelve thousand, says Estabrooks; 27,000 over 10 years boasts Trade Centre Ltd.

B.S., counters anyone who can count. Even the consultants the Trade Centre hired to come up with positive numbers don't claim that.

There is also the question of

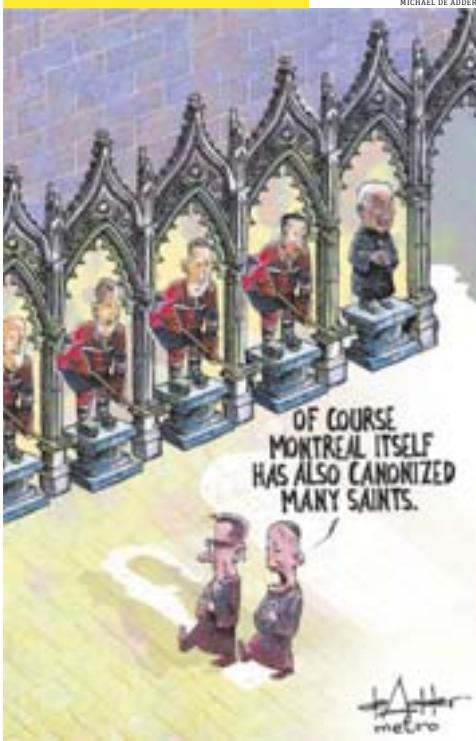
whether this is really just another suspect public-private partnership in which taxpayers get fleeced while developers count profits? Remember P-3 schools? The \$50-plus million the auditor general says we're currently spending unnecessarily on them? Infrastructure Minister Bill Estabrooks insists this isn't a derailed P-3 project. But taxpayers are putting up the cash to build it. And the developer will own it. Sounds like P-3 to me.

And so it goes.

But the larger question of whether the convention centre makes sense isn't really the government's worry. It's more concerned about hard hats on the construction site come election day and bills that don't have to be paid until after ...

Perhaps not such a gamble after all.

## Cartoon



MICHAEL DE ADDER

OF COURSE  
MONTREAL ITSELF  
HAS ALSO CANONIZED  
MANY SAINTS.

# Flu shot now available

## Letters & Tweets

October is Influenza Immunization Awareness Month. Influenza, also known as the "flu," affects 10 to 25 per cent of Canadians each year. While most recover, an average of 20,000 hospitalizations and 2,000 to 8,000 deaths occur in Canada every year.

Doctors in the province are encouraging all Nova Scotians to get immunized. This year it will be even easier for Nova Scotians to get the protection they need. The seasonal flu vaccine will be free for anyone in the province who wants it. The vaccine will protect against three strains of

## Getting the shot



CARLOS OSORIO/TORSTAR NEWS SERVICE

the seasonal flu that are predicted to circulate this season, including H1N1.

Some of the symptoms of the flu include a fever and/or cough with one or more of the following symptoms: Unusual tiredness, headaches, muscle or joint aches, and sore throat. Combined with regular hand washing, the flu shot is the best way to protect yourself and others from the virus. While all Nova Scotians are encouraged to be immunized, the traditional high risk groups remain the top priority for influenza immunization.

The seasonal flu vaccine will be available through physician offices, workplace clinics and public health clinics.

JANE BROOKS, PRESIDENT  
DOCTORS NOVA SCOTIA

## Will e-readers kill the paperback?

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## at Pop Explosion

Halifax Pop Explosion is getting ready to take over the HRM. Since 1993, the music festival to present the best new music in Canada has become an annual fall fixture.

The Halifax Pop Explosion provides cutting edge new music programming aimed to attract music fans, not just locally, but from across Eastern and Central

Canada and New England. By doing so, the festival will continue to attract fans and industry delegates from around the world," according to the website.

Some of the acts taking to stages around the city tomorrow for opening night are: The Superfantastics, High on Fire, Kylesa, Bird World, and DJ James Reid.



► The Extremities will perform in this year's Halifax Pop Explosion.

CONTRIBUTED

# Spreading misery to comedy masses

► Canadian comedian Jeremy Hotz finding success with his sad sack stand up ► Writing a new film and developing TV comedy series

Canadian comedian Jeremy Hotz doesn't feel so alone in his misery anymore.

The standup veteran, who's famed for an anguished act in which he complains about life while holding his right hand over half of his face to appear distressed, says gloom is very "in vogue" these days.

"Look around, man. Everybody's miserable," the Ottawa native said in a recent interview to promote the upcoming 10th annual Just for Laughs Canadian tour, in which he's featured as a special guest.

"Ever take the subway in Toronto? Ever have anyone ever make eye contact with you? No! Everyone's miserable: 'Look at the floor, get through your day.'

**JEREMY HOTZ**

**"Ever take the subway in Toronto? Ever have anyone ever make eye contact with you? No! Everyone's miserable: 'Look at the floor, get through your day.'**

"Misery loves company, I guess. Who said that, anyway? Probably the most miserable guy in the world."

Hotz is now writing a dark comedy film in which he would star. His co-writer is K.P. Anderson, creator of the TV series *The Soup*.

He's also developing a half-hour comedy series based on his life with Dakota Pictures, the production company behind comedy shows including *Flight of the Conchords* and *Bored to Death*.

TV is in desperate need of comedy to balance out the glut of cop shows, says Hotz.

"There's *CSI* and then just every city in America, you know ... *CSI: Cheektowaga* — everybody dies in a big vat of buffalo wings," he joked.

"Come on! Come up with a different idea. What's the matter with people?"

**THE CANADIAN PRESS**

The so-called "master of misery" started performing in comedy clubs across the country nearly 20 years ago.

His confused, downer persona just came naturally, he says.

"One day I started putting my hand in front of my face and turning my back to the audience and speaking about really miserable things — three things you should never do if you're trying to get laughs and yet when you combine all of them, somehow it works," said Hotz.

**CHRIS PIZZELLO/ASSOCIATED PRESS**



► Bill Murray appeared as a Ghostbuster when he accepted an award for Best Horror Movie for *Zombieland*.



► The Just for Laughs Canadian tour, which stars Jeremy Hotz, kicks off tomorrow in Saint John, N.B.

THE CANADIAN PRESS



Jackass



Johnny Knoxville and his *Jackass* gang are even bigger hits in three dimensions. *Jackass 3D*, their latest big-screen collection of crazy stunts and antics, opened with a whopping \$50 million, soaring past the debuts of their first two movies. It's the third-straight No. 1 opening for the franchise, which launched with a \$22.8 million opening for 2002's *Jackass: The Movie* and continued with a \$29 million debut for 2006's *Jackass Number Two*. Premiering at No. 2 with \$22.5 million is the action comedy *Red*, starring Bruce Willis, Morgan Freeman, Helen Mirren, John Malkovich and Mary-Louise Parker in the tale of retired black-ops agents targeted by the CIA.

**THE ASSOCIATED PRESS**

## Awards were a Scream

There were superheroes and vampires, Ghost-busters, rockers and zombies — and that was just in the audience.

Even more outrageous characters graced the Greek Theater stage at Spike TV's annual Scream Awards on Saturday night — a tribute to horror, sci-fi, comics and fantasy. The fan-fueled awards show/TV special welcomed scores of stars and hundreds of

costumed fans.

On a spectacular stage that looked like a warped Metropolis flanked by two gargoyle-rimmed platforms, Halle Berry, Megan Fox, Don Cheadle, Kelly Osbourne, Mickey Rourke and dozens of other famous faces from some of TV and film's most popular properties treated the crowd to hours of pop-culture indulgence.

Sigourney Weaver

emerged from a giant brain-shaped pod to accept "Heroine" honours from James Cameron. Michael J. Fox and Christopher Lloyd got a standing ovation as they reunited with a DeLorean car to celebrate the 25th anniversary of *Back to the Future*. Jimmy Kimmel honoured the cast of *Lost* with a special farewell in front of a flaming piece of fuselage.

**THE ASSOCIATED PRESS**



Corey Feldman reprises role in 'Lost Boys: The Thirst,' remembers late co-star *Corey Haim*

# Time to turn the page

► American Psycho author to trade books for the big screen ► Latest work a somber sequel to first novel

It was supposed to be a love story, a story about a man and a woman, who were together when they were young, finding out that they still have feelings for each another when they meet again as middle-aged adults.

But then something happened in Bret Easton Ellis' life, and the optimism, sensitivity and joy disappeared from the American cult writer's fol-

low-up to his 1985 hit debut *Less Than Zero*.

Instead, his new novel, *Imperial Bedrooms*, is about "a ... narcissist with control issues," he boldly says. It stars the protagonist from *Less Than Zero*, Clay, now 43, who works as a scriptwriter. He returns to his hometown of Los Angeles and enters into a relationship with the young actress Rain Turner — a relationship mainly

built on lies, manipulation and reciprocity à la "I'll scratch your back if you'll scratch mine."

She'll sleep with him if he makes sure she gets a part in one of his films.

"I was in a good mood after I finished *Lunar Park*," the author says. "I had gotten rid of a lot of pent-up daddy issues. I wanted a release, a catharsis. Then I got back to LA and the problems with movie *The Informers* (based on Ellis' 1994 collection of short stories of the same name) started happening right away."

He then reveals something of a rather personal nature: "I had to betray my closest friend at the time and kill him off a movie in order for it to proceed. He had doubts about the director (Gregor Jordan) and the people who put their money into this project."



► Author Bret Easton Ellis

THOMAS FREITAG

"I made a couple of phone calls to a lawyer, and it was incredibly stressful and f---ed up but I really wanted to see the movie get made," says the 46-year-old author.

And it did. But maybe his friend was right — today Ellis labels the film "the biggest piece of s---."

Wrestling with the relentless and far-from-glamorous side of the movie industry has not put Ellis off; in fact, it has had quite the opposite effect.

He is determined on leaving the world of novels to become a scriptwriter and, eventually, a film director.

"I'm not really interested in books anymore. I'm not writing one right now. It's like this: the Bret Easton Ellis' project is now complete — 25 years, six novels, and a collection of short stories. I've explored these themes, these kinds of people...It's time to move on," METRO

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At Nova Scotia Power, our greatest source of energy has always been our people. Lyne Brun is the Case Manager, Mental Health & Wellness.

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## Peter Jackson will direct 3-D 'Hobbit'

It's time to celebrate again in Middle Earth.

Peter Jackson is set to direct *The Hobbit*, the two-part prequel to the *Lord of the Rings* trilogy, and will start shooting in February, Warner Bros. said in a release.

The movies, based on J.R.R. Tolkien's books, had been delayed by union issues and the ongoing restructuring of Hollywood studio Metro-Goldwyn-Mayer Inc., which owns half the project.

Jackson, who directed the "Rings" trilogy, had originally hired Guillermo del Toro to direct, but del Toro left the project in May because of delays, after working on the project for nearly two years.

"Exploring Tolkien's Middle Earth goes way beyond a normal filmmaking experience," Jackson said in the statement. "We're looking forward to re-en-



► Peter Jackson

tering this wondrous world with Gandalf and Bilbo."

The two movies will be shot back to back using digital 3-D cameras. Jackson hinted at the importance of shooting the Hobbit movies in 3-D from the start.

"It's an all-immersive journey into a very special place of imagination, beauty and drama," he said.

THE ASSOCIATED PRESS

## Jolie denied filming permit in Bosnia

- Wartime story raises concerns among rape victims
- Angelina Jolie calls problems a misunderstanding

Angelina Jolie has questioned Bosnia's decision to withdraw her film permit, saying Friday it was based on false rumours that her movie will be a love story about a Bosniak woman and a Serb man who raped her during the country's war.

But the actress, and two members of her film crew in Sarajevo, declined to say what the plot of her directorial debut will be, and that could make it difficult to allay the concerns of the movie's main opponents: Bosnia's wartime rape victims.

Jolie said in a written statement Friday that it will be a shame if "unfair pressure based on wrong information" prevents her crew from shooting her



► The untitled love story will be Angelina Jolie's directing debut.

film in Bosnia.

She offered to meet with wartime rape victims in Bosnia and to clarify misunderstandings that led Sarajevo's culture minister, Gavriko Grahovac, to

deny the permit.

"My hope is that people will hold judgment until they have seen the film," Jolie said.

The movie was supposed to be shot partly in Bosnia in November, but Grahovac revoked the permit.

mit this week under pressure from the Association of Women, Victims of War, which represents the several thousand mainly Muslim Bosniak women who were raped during Bosnia's 1992-95 war.

Jolie's Sarajevo producer, Edin Sarkic, told The Associated Press on Friday that the rumour about the rape victim falling in love with a rapist is "insane." But he also said his contract with Jolie prevents him from disclosing details about the script.

Instead, Sarkic said, he resubmitted the movie permit application to Grahovac on Wednesday, along with a full script, and expects the minister to grant a new permit.

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# THE DOUBLE DOWN

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## Aguilera and Bratman file for divorce

► Reports of Christina's female affairs begin to surface   ► Claims couple had open marriage

Christina Aguilera and Jordan Bratman have officially filed for divorce, citing "irreconcilable differences," but at least one woman claims the couple had an open marriage, according to Radar Online.

"I was at The Abbey one night when Christina's bodyguard approached

me," the woman, who wishes to remain anonymous, tells the website.

"The bodyguard told me it was an understanding within their marriage and that she brings girls home and Jordan's OK with it. I met Christina in the bathroom and she told me she liked to play with girls."

While the woman chose not to entertain the offer, she says she was not the only woman Aguilera has previously expressed interest in.

"It's funny because I had a couple girlfriends tell me that they were approached by Christina, too," she says.

● METRO

## Madonna spotted out with a potential new boyfriend

Madonna appears to have a new man in her life, as the singer was spotted getting friendly with 34-year-old choreographer Brahim Rachiki while out at a New York City nightclub recently, according to Page Six.

"They came in together and were holding hands in a private area," a source says.

"Madonna got up and was dancing for an hour straight before going back to her man. They immediately started making out in front of other guests."

The pair then reportedly moved on to another club where they continued with their public displays of affection.



Madonna split from her last boy toy Jesus Luz just recently.

The Material Girl had been linked to him since

2008, but the superstar is alleged to have ended her romance enjoying a night out with Rachiki.

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### Kate Moss married in a secret ceremony?

Sources claim Kate Moss quietly wed boyfriend Jamie Hince in a secret ceremony in Sicily back in August, according to the Daily Mirror.

"It was quiet, but still very romantic," a source says.

"The plans were kept very quiet as Kate wanted the day to be low-key and purely a celebration of their love. Kate didn't want a stuffy, formal do, but something spiritual."

• METRO



### Doogie has twins

Neil Patrick Harris and partner David Burtka welcomed the birth of twins Gideon Scott and Harper Grace late last week, the How I Met Your Mother Star announced on Twitter. • METRO



### T.J. Lavin in a coma

BMX rider T.J. Lavin has been placed in a medically induced coma after he crashed during an event at the Hard Rock Hotel in Las Vegas. • METRO



### Talking points



### Brand won't work with Katy Perry

HONEY I LOVE YOU BUT WE ALREADY SPEND ENOUGH TIME TOGETHER... While Russell Brand plans on spending the rest of his life with Katy Perry, don't expect them to work together anytime soon.

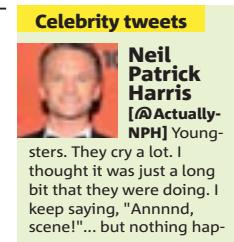
"She's very good at what she does, and I feel it's very distinct from what I do," he tells People magazine. "It takes up enough of my time to be in love with her." Still, there's always room for collaboration, he admits: "We'll do a sex tape! Give them what they want," Brand jokes.

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### Dina Lohan tries to cash in on LiLo's rehab

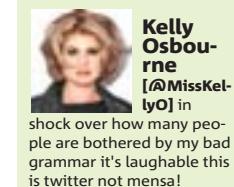
WELL, LINDSAY CAN'T EARN FOR HER WHILE IN REHAB, SO SHE NEEDS TO GET THE MONEY FROM SOMEWHERE Before heading off to the Betty Ford Center to visit Lindsay Lohan this weekend, Dina Lohan was reportedly shopping around an exclusive interview "in the high five figures,"



Celebrity tweets  
Neil Patrick Harris  
[@Actually-NPH] Youngsters. They cry a lot. I thought it was just a long bit that they were doing. I keep saying, "Annnnd, scene!"... but nothing happens.



Kanye West  
[@kanye-west] Greeeeeat! (.... I feel sooooo much safer about the flight now that I've been disgraced in a public place lol



Kelly Osbourne  
[@MissKellyO] in shock over how many people are bothered by my bad grammar it's laughable this is twitter not mensa!



Sarah Silverman  
[@SarahKSilverman] looking to buy a NINTENDO 64. must be in the LA area and need it right now.

sources tell TMZ. Dina was reportedly looking to have cameras cover as much of her visit as the rehab center would allow, including a candid chat after she meets with her troubled daughter.

"There is absolutely no truth to this," a source close to Dina tells the website.

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### Leif Garrett off to rehab

WELL, LINDSAY CAN'T EARN FOR HER WHILE IN REHAB, SO SHE NEEDS TO GET THE MONEY FROM SOMEWHERE Before heading off to the Betty Ford Center to visit Lindsay Lohan this weekend, Dina Lohan was reportedly shopping around an exclusive interview "in the high five figures,"

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# THIS SPACE IS NOT BIG ENOUGH FOR THE NEW DOUBLE DOWN.™

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# 3 life

## Healthy eating



Concerned that your family isn't getting enough fruits and veggies in their diet? Recent research from the Dietitians of Canada showed that almost 25 per cent of Canadians surveyed said they hadn't consumed any fruits or vegetables the previous day.

It can be hard to incorporate the up to 7 to 10 daily recommended servings of fruits and veggies into our diet, but it is possible. Try to get one dark green and one orange vegetable each day to help you get enough of the vitamin folate and vitamin A.

NEWS CANADA



ISTOCK

# Making kids even more interested in some pizza

► Food is often something kids take for granted — it simply shows up every day. ► Yet there is so much for kids to know and understand about food, as Jan Thornhill explains in her new book, Who Wants Pizza?

Jan Thornhill uses one of the more common foods kids eat — a slice of pizza — as a jumping off point to take a look at a plethora of facts and interesting info involving how and why we eat what we eat.

Who Wants Pizza? combines tons of interesting facts with photos and illustrations to take kids on a journey through the world of food past, present, and future.

### Facts like:

- Humans are very visual animals, and the makers

of processed foods know this. That's why colour is so often on lists of ingredients — to make food look more appealing. In one study, test subjects who could see their food ate much more than others who were blindfolded — but the blindfolded ones reported being just as full on less food!

• Different cultures have different food customs. In many places, food is eaten without utensils, and in countries that use chopsticks, it's very rude to point with them. In Russia,

to show that your host has been generous, you're expected to always leave a little food on your plate, while in India, it's impolite to leave anything at all.

• World exploration was driven by a search not for gold or even land, but for spices. Spices like black pepper, cloves, and cinnamon were valuable because they livened up a dull European diet and preserved food. Also, spices were fabulously expensive, which of course made them a status symbol. Unfortunately, this hunger for

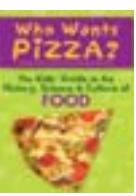
spices came at a cost to many people who grew them. As sea routes to the Far East and the Americas were discovered, one spice-growing nation after another was conquered and then controlled by foreigners.

Comprehensive, engaging, and fun, Who Wants Pizza? is a book that kids will want to digest again and again — and what's better, they are sure to come away hungry and well informed. Who Wants Pizza? is \$12.95.

FOR METRO CANADA

### Travelling fruit

► Most fruits and vegetables we buy today are types that travel well.



These aren't bred for juiciness or flavour — they're bred to produce a lot of regularly sized fruit that resist bruising. Though there are about 7,500 varieties of tomatoes in the world, you'll find only a handful of these in most grocery stores. From page 53 of Jan Thornhill's Who Wants Pizza.

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# A savoury pie that's perfect for autumn

- The rustic pork and veal pie is hearty and easy to prepare
- A melding of flavours in your mouth
- Also great for re-heating the next day

Whether it's for a Halloween party or Sunday in front of the widescreen for a football game, good food for a fall gathering should be hearty, flavourful and easy to prepare.

With this rustic pork and veal pie, you can put a checkmark next to all three.

For the savoury filling of this free-form meat pie, you start with pre-shredded cabbage, which is sold near the pre-washed salad mixes at your grocer. Then you add convenient ground pork and veal along with canned tomatoes and spices.

After it is simmered to let the flavours meld, the filling gets wrapped up in store-bought, refrigerated pie crusts and baked until golden brown. For added convenience, the pie can be baked a day ahead and reheated in a 180 C (350 F) oven for 30 minutes or until heated through.

#### Preparation:

- 1 Heat oven to 230 C (450 F). Coat a large baking sheet or pizza pan with cooking spray. Set aside.
- 2 Heat oil in a large non-stick skillet over medium. Add garlic and sauté for 30 seconds. Stir in cabbage and sauté until softened and translucent, about 5 minutes.
- 3 Add ground pork and veal and cook, breaking it up as finely as possible until no longer pink, 8 to 10 minutes. Stir in tomatoes, tomato paste, thyme, allspice and cinnamon. Cover and simmer for 7 minutes. Season with salt and pepper. Uncover, stir in cheese until melted, then set aside to cool slightly.
- 4 Meanwhile, on a lightly floured surface, place one pie crust on top of the other. Dust top crust with flour and roll crusts out together into a 46-cm (18-inch) circle. Fold circle in half, transfer it
- 5 Place pork and veal mixture in the centre of the pie crust circle, spreading it out in an even layer and leaving a 10-cm (4-inch) uncovered border. Fold edges of crust up over filling, forming
- 6 Bake pie for 25 to 30 minutes or until the crust is golden-brown on the top and bottom and completely cooked at the folds.

THE ASSOCIATED PRESS



#### Ingredients :

- 10 ml (2 tsp) extra-virgin oil
- 3 cloves garlic, minced
- 1.5 l (6 cups) shredded green cabbage (1/2 small head)
- 250 g (1/2 lb) ground pork
- 250 g (1/2 lb) ground veal
- 250 ml (1 cup) canned diced tomatoes, with juice
- 30 ml (2 tbsp) tomato paste
- 5 ml (1 tsp) dried thyme leaves
- 1 ml (1/4 tsp) ground allspice
- 1 ml (1/4 tsp) cinnamon
- Salt and ground black pepper, to taste
- 150 ml (2 2/3 cup) shredded extra-sharp cheddar cheese
- 1 pkg refrigerated pie crusts (two 23-cm/9-inch crusts), room temperature

to the prepared baking sheet or pizza pan and unfold.

pleats and leaving a roughly 5- to 7.5-cm (2- to 3-inch) opening at the centre.

- 6 Bake pie for 25 to 30 minutes or until the crust is golden-brown on the top and bottom and completely cooked at the folds.

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Photo courtesy of Julie LeFebvre, France. Metro Photo Challenge Local Finalist 2009.  
PHOTO CHALLENGE

## Hollywood goes green with environmental awards night

### ► 30 Rock and Avatar honoured

The world's highest-grossing film and one of the most awarded TV shows are also some of the greenest productions around.

Avatar and 30 Rock were among the winners of the 2010 Environmental Media Association awards on Saturday night, which recognized individuals, organizations and productions that help increase public awareness of environmental issues.

The awards were presented at an eco-friendly ceremony at Warner Bros. Studios that featured organic food and compostable dinnerware.

Actors Olivia Munn and Jason Ritter hosted the event, which was sponsored by one of Hollywood's favourite green-mobiles, Toyota Prius.

Other productions recognized for spreading a green message were the documentary Gasland and TV shows Bones, Handy



Manny, Living With Ed and Lights, Camera, Take Action! Backstage With Disney's Friends for Change.

Entrepreneurs Ted Turner and Jeff Skoll received honorary awards for their environmental contributions. Natalie Portman, Rosario Dawson, Lance Bass and Eva Mendes were among awards presenters.

THE ASSOCIATED PRESS

# 10

**Media mogul Ted Turner says he's been an environmentalist since he was 10. Now age 71, Turner says there is much more to be done to protect the planet.**

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## DON'T HANG YOURSELF OUT TO DRY

**QUESTION:**  
I would like to eco-source dryer sheets. Do such things exist?

**Matthew from Vancouver, BC**

**D**ryer sheets were actually designed to reduce static in synthetic fabrics only. But today, most people add a sheet (or more) to every dryer load regardless of the fiber. Dryer sheets do not lend themselves to eco-friendliness because of their disposable nature

and synthetic chemical ingredients. They're best avoided, so I'd suggest saving your money.

Since full disclosure of ingredients in consumer products like dryer sheets is not required by law, it's hard to know exactly which chemicals they contain. However, many people who stop using dryer sheets find they and others in their home also stop suffering

from asthma-like symptoms, headaches or irritated skin.

To prevent static cling, hang clothes to dry. To reduce static you can also add half a cup of white vinegar to the rinse cycle of your washing machine.

Dryer sheets and liquid fabric softeners contain chemicals that coat your clothing, towels and bedding with a residue that never completely washes out. Even Energy Star (a program promoting energy-efficient appliances) recommends scrubbing your lint filter regularly if you use dryer sheets because they can leave a film on the filter. This film reduces air flow and, over time, can affect the performance of the motor.

The synthetic perfumes derived from petroleum-based ingredients are another concern. Once the scented air leaves your dryer vent and floats into your neighbourhood, it's increasingly causing allergic reactions in people with chemical sensitivities. That's not very neighbourly.



## Messages mixed in surveys

Environmental organizations say a survey released today reveals a troubling disconnect between Canadians' concerns for the global

environment and their awareness of local environmental issues.

In the Vital Signs survey, commissioned by the Community Foundations of Canada and Environics, Canadians give excellent or good ratings to all areas of the local environment: water quality (80%), air quality (74%), protection of local wildlife

and green spaces (68%), waste management (68%), and quality of water in lakes and rivers (56%).

But another recent survey said more than seven in ten Canadians said they were definitely concerned about such issues as air and water quality and toxic chemicals in the environment.

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Details of construction should be easily adaptable to today's trades and attempt to exceed current performance limits.

This home will be a highlight in the Nova Scotian housing market.

Architects/ home designers currently living in NS are eligible to submit entries.

Entries will be accepted until Friday, October 29th at 4:00pm, submitted to the NSHBA office located at 15A Oland Crescent, Halifax.

*For copies of the specific requirements and application form, prizing or other information:  
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# Leaf through your yard before fall tree-planting



► Arborist Jon Elliott, left, advises Kemper Smith to prune trees that are too big.

## Check your arborist's references, as well as certification and portfolio

When Lynne and Kemper Smith moved to Golden, Colo., from Florida six years ago, they bought a new house and planted trees — fruit trees out back and a cache of aspen near the front door.

Very Colorado, those aspen. Unfortunately, it was the wrong part of Colorado. "I was a Florida boy and didn't know what I was doing," Kemper Smith says. "I didn't know they'd get this big."

Planting the wrong tree in the wrong place is common, according to arborists around the country. Home-builders and homeowners often plant trees too close to houses, power lines or roads because they don't consider how the trees will look 20 or 30 years down the road. They choose trees that aren't necessarily suited to the soil and region.

Short-term esthetics win out over longer-term attractiveness and care.

"I think that a lot of it is lack of education," says Jon Elliott, an arborist for Den-

ver-area Swingle Lawn, Tree & Landscape Care.

Fall is a good time for planting trees and shrubs, but homeowners need to do their homework. Lynne Smith says the little trees she and her neighbours planted already have grown too big.

Avoid the big-box stores for buying trees, which may not be hardy to the local climate, Elliott says. He recommends shopping at a reputable local nursery — and making sure their stock is grown in your climate zone. Experts also recommend plants native to a region. For example, while the Smiths' aspens do grow well in the Colorado mountains, they become susceptible to fungus, disease and insect infestation at lower altitudes, including Golden.

ASSOCIATED PRESS

### Planting tips

- Learn about your climate, annual rainfall, soil make-up and drainage.
- Plant trees that can grow large (18 metres or taller) at least three to 4.5 metres from the house.
- Check for electrical, gas water and sewer lines.

ver-area Swingle Lawn, Tree & Landscape Care.

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For October 15th

Girlicious - 2 In The Morning  
Ke\$ha - Take It Off  
B.o.B ft. Rivers Cuomo - Magic

Nelly - Just A Dream

Far East Movement ft. the Cataracs - Like A Go

Bruno Mars - Just The Way You Are

Down With Webster - Whoa Is Me

Katy Perry - Teenage Dream

Rihanna - Only Girl (In The World)

101.3 THE BOUNCE.COM

# Steer clear of office gossip

- Maintain integrity and diversify your friendships
- Petty politics, cliques can transform a workplace

**DREW HINSHAW**  
LIFE@METRONEWS.CA

Office gossip can buzz back to the wrong ears and sting like a bee.

Which is why it's better, career counselors advise, to float like a butterfly above the cubicle cliques and petty politics that transform even the most professional bureaucrat into a snake pit.

"In some environments, the office can really be like high school," career coach Pamela Skillings notes.

"There are all these cliques, and people who are favoured at one time. Who you're hanging out with can be perceived as taking sides."

If your colleagues have you typecast as an office mean girl or a card-carry-

ing Boys Club lackey, it's likely because you've over idolized the catty friendships you've formed.

"You need to get away from that, even if you think you're working with the coolest people in the universe," Skillings adds.

"Diversify your friendships," concurs workplace relationship expert Courtney Anderson.

That means extending



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a lunch invite to the shy paper shufflers and fixed-place cubicle-statues who

rarely say "yes." It could mean dropping by a department you don't nor-

mally graze, or bringing pizza to the interns.

For the truly self-unaware, achieving non-alignment in the office realpolitik could also require keeping a tally of the number of critical and backbiting comments you let slip past the filter.

"We usually can't see how bad it is, and we need to get empirical data," she says. "Once we have that moment of truth where we fact that data, oftentimes, it's shocking."

Some of the unhappiest moments between colleagues come during

► Career counselors advise staying away from office politics and cliques.



**"Even if you leave work, and you go to the local bar with your work friends, you're still at work. Everybody thinks this rule doesn't apply to them."**

COURTNEY ANDERSON

happy hour.

Over half-off pints of froth — or while rocking around Christmas trees and jack-o'-lanterns of holiday parties — coworkers are all too likely to give their verbal inhibitions the night off, Anderson says.

# Small business owners happy despite hours

Owning a small business may offer more freedom to make decisions, but it can also mean working long hours.

According to the TD

Small Business Happiness Index which examined the attitudes and behaviours of small business owners in a dozen North American urban centres,

the majority of Canadian small business owners work 50 or more hours each week, with 19 per cent working 50-59 hours and 38 per cent saying they work 60 hours or more.

"Despite often 'burning the midnight oil,' small business owners are happy people," says Alec Morley, senior vice president at TD Canada Trust.

"Small business owners enjoy a sense of control and freedom that they don't generally realize when working for someone else."

### Which cities report working the longest hours?

Ottawa  
Calgary  
Vancouver

### Which cities report working the shortest hours?

Montreal  
Saskatoon

**"Despite often 'burning the midnight oil,' small business owners are happy people."**

ALEC MORLEY

Kelowna

In addition, 58 per cent of Canadian small business owners say that the long hours they work, are what they expected when they first started their business, while 28 per cent feel that they are working more hours than they ever expected.

Only 12 per cent of small business owners are working less than they anticipated.

Interestingly, owners with 20 employees or more report working longer hours on average than those with 10 employees or less.

NEWS CANADA

## TRASH TO TREASURE

**A** moment of brilliance can happen anywhere. Brian Scudamore

found his inspiration while in the drive-thru lane at McDonald's.

Waiting for his lunch, he saw an old junk truck pass by his car. "There's my ticket," he thought. "I'm going to offer to haul people's junk away."

The first year The Rubbish Boys turned a modest profit but Brian had bigger plans.

He formed a board of advisors and came up with a new name, logo, brand and image. Scudamore was about to move into a new era of doing business.

1-800-GOT-JUNK is a Canadian success story with over 200 franchises operating in North America and Australia. Scudamore believes in the adage, "work hard, work smart" but he admits that it hasn't always been easy.

He says there were days when he was in a cash flow crisis, he couldn't meet payroll and had to let good friends go.

### TurningPoint

**TERESA KRUZE**

LIFE@METRONEWS.CA



"You have to make tough decisions. Leaders have to do what's best for the entire company and for your people."

He's also a firm believer in visualization. "If you believe in your heart and your head that you can make it happen and never let your idea go, it will happen. It sounds simple, but it's true."

So what's Brian's next goal? He wants to build a second brand with the goal of reaching \$100 million dollars in revenue within five years. Not bad for a guy that went for a cheeseburger and drove away with a multi-million dollar dream. That's what I call a Happy Meal.

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# Reward outweighs risk for small businesses

 **JON TATTRIE**  
LIFE@METRONEWS.CA

A new survey suggests Canadian small business owners have suffered a decline in optimism about their financial prospects, but are still having fun running their own company.

The American Express Small Business Services' quarterly survey showed the overall index dropped two points to 64 per cent, indicating owners are more stressed about the state of the economy and less hopeful about their business prospects than

they were in May.

Eric Nielsen, vice-president of small business services, said that while it wasn't a huge drop, it was the first downgrade since the survey started in the depth of the recession in March 2009.

The good news, he said, is that more than half of businesses polled felt things were stable or improving and 76 per cent are confident business will improve in the next six months.

"There is a bit more uncertainty," he said. "Small business owners are ex-

tremely close to their consumer. If the consumer experiences a pause, the owner is usually the first to see it."

Overall, stress levels were up six per cent. Forty-two per cent of owners planned to work past the age of 65 and 70 per cent of those who planned to retire intend to keep a role in the business.

"We've dubbed this a 'so-called' retirement," Nielsen said. Prolonged careers were partly a reflection of financial circumstances, with owners building RRSPs and counting on sell-

ing their business or keeping a salary to fund retirement. The post-retirement work was also a reflection of the fact that most business owners value their work and don't want to stop.

"They're having fun doing what they're doing," Nielsen says. "Even through the depths of the recession, three out of four believe that the rewards and opportunities outweigh the risk."

Many see the flexible take on retirement as part of the trade off of running their own business, the survey found.

## Is ownership for you?

The TD Small Business Happiness Index asked small business owners in urban centres across North America for the top advantages and disadvantages of owning a small business. Here is what they said:

### Top five advantages:

1. Being your own boss
2. Making your own decisions, being in control
3. Setting your own schedule
4. Making more money and having control over money
5. Having freedom and the ability to do what you want

### Top five disadvantages:

1. Financing, cash flow, budgets and managing

payroll

2. The responsibility, stress and risk
3. Difficulty managing, recruiting and retaining staff
4. Working longer hours and having limited time off
5. Dealing with government regulations

"Small business owners tell us that owning a business has many advantages, despite the day-to-day challenges that come with running a company like red tape, property taxes and attracting and retaining talent," says Alec Morley, senior vice president of small business banking at TD Canada Trust. **NEWS CANADA**



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# Online sites let students grade their professors

► Universities say exterior evaluations have no weight when reviewing faculty and factoring promotions

Michael Hirsh still remembers his worst university professor.

"The guy rambled, didn't give an outline or explain how he graded, didn't explain expectations. I got C," said Hirsh, who's in his last year as an economics student at a Toronto-area university.

"It messed up my GPA. A professor can make or break a course," he explained.

"Sure we gave the university our evaluations, but I wanted to warn other students."

Hirsh decided to take his "scathing" comments to ratemyprofessors.com where evaluations are available to anyone, not

just university administration.

Official student evaluations have been part of the student experience for decades, but until the advent of the Internet, students had to rely on friends for professor recommendations — and gossip. Almost no universities provide their official evaluations to students.

At ratemyprofessors.com, the site boasts of having more than 6,000 schools with over one million evaluations. Other sites that have launched include Professorperformance.com.

The University of

Toronto is one place where the administration is aware of the popularity of online evaluation sites and it's proposing its own online system, which is expected to go live in September 2011.

According to Prof. Edith Hillan, vice-provost of faculty and academic life at the university, sites such as ratemyprofessors.com are "useful for students, but we wouldn't use them from an institutional perspective to gather information."

"Often you'll get comments or scores at the extreme end of the spectrum," she said.

At Ryerson University, the vice-provost for facul-

ty affairs, John Isbister, doesn't object to online evaluation sites, recognizing that they are useful for students who can't access the official evaluations that students give to the administration after a course is complete.

"We do care about student experience, but it's part of the faculty's collective agreement that their evaluations remain confidential," said Isbister.

Both universities say exterior online evaluations have no weight when the administration is reviewing their faculty and factoring promotions, tenure, salary and other related things.

The fact that official evaluations remain confidential is one reason for students flocking to the online sites as an alternative.

"The official evaluations are hugely ineffective — they are good for the university to decide on salaries, but not good at helping us decide what courses to take," said Ben White, a third-year engineering student at the University of Toronto.

"I mean I never see them."

## Evaluations not for all students

Despite the popularity of sites such as ratemyprofessors.com, not everyone is a fan of online evaluations.

"I don't want to say something mean about my professor, I might be the only one who thinks that," said Tamara Milavic, a first-year student at the University of Toronto. Milavic also said that she knows which professors to avoid and which ones are recommended

due to having an older sister who studied in the same department.

"I have enough people telling me what to do," she said.

Second-year U of T science student Katie Spizarsky had her own reasons for never doing any evaluations, whether through the university or online.

"Friends are more reliable," she said.

THE CANADIAN PRESS

Hillan said the University of Toronto's proposed online evaluations will have "provostial guidelines" — to oversee the system to make sure it's used appropriately.

These proposed evaluations don't do enough for White.

"Even the ones done through the student union are slightly edited if they're too profane. I'm getting the straight truth when I go online," he said. THE CANADIAN PRESS



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# Trusty lefties take spotlight

► Lee to face off against Pettitte in Game 3 of ALCS ► Lee will look to join Hernandez and Hershiser as only pitchers to get to 7-0 in post-season starts



► Cliff Lee



► Andy Pettitte



► Time: Tonight, 9:05 p.m.  
► Channel: Sportsnet

Cliff Lee and Andy Pettitte. The post-season ace against that ol' October pro.

With the best-of-seven AL championship series tied at one apiece, the scene shifts to Yankee Stadium for Game 3 tonight, when a

pair of pressure-proven pitchers will be back in the spotlight.

Lee's left arm has been baseball's most dominant force in the past two post-seasons, carrying him to a 6-0 mark with a 1.44 earned-run average and three complete games in seven starts.

He'll be on the mound for the Texas Rangers against Pettitte, who has an outstanding October résumé of his own. The Yankees lefty is going for his 20th post-season win.

"Obviously, it's a great matchup," New York man-

ager Joe Girardi said yesterday, when the Yankees and Rangers worked out under blue skies in the Bronx. "I think people are looking forward to tomorrow."

Coming off the first home playoff win in the franchise's 50-season history, the Rangers are back on the road — where they're unbeaten in these playoffs. Texas won all three first-round games at AL East champion Tampa Bay, including a pair of masterpieces by Lee.

Next, he'll try to join Orlando Hernandez and Orel Hershiser as the only pitch-

ers to win their first seven post-season decisions. Hernandez opened 8-0 for the Yankees from 1998-2000, while Hershiser went 7-0 with the Los Angeles Dodgers and Cleveland Indians from 1985-95.

THE ASSOCIATED PRESS

## 256

At 19-9 with a 3.87 ERA, Pettitte holds major league records for wins, starts (41) and innings (256) in the post-season.

## Herd hope to repay Titan debt



► Martin Frk

The Halifax Mooseheads will have revenge on their minds when they host the Bathurst Titan tomorrow night at the Metro Centre.

The Mooseheads dropped a 3-1 decision to the Titan in front of 2,018 fans at the K.C. Irving Centre in QMJHL action on Saturday night.

Rookie sniper Martin Frk

opened the scoring for Halifax, potting his fourth of the campaign early in the middle period, before the Titan reeled off three straight goals. They included the go-ahead goal by Zach O'Brien with less than eight minutes remaining in regulation time.

Game time tomorrow is 7 p.m. © PHILIP CROUCHER

### Cellar dwellers

- Halifax (4-9-0-1) is tied with the Cape Breton Screaming Eagles for last in the Maritime Division.
- The Baie-Comeau Drakkar (1-9-0-2) are the only team league-wide to have fewer points.

## St. Mary's looks to win AUS

The Saint Mary's Huskies control their own destiny heading into the final two games of the AUS football regular season.

The Huskies demolished the visiting St. Francis Xavier X-Men 41-6 on Friday night and are now sitting in a three-way tie for first with the Mount Allison Mounties and Acadia Axemen.

The Mounties upended Acadia 20-7 on Saturday in Wolfville to see all three teams sit with 3-3 records.

Saint Mary's hosts Mount Allison on Friday, then wraps up the regular season the following weekend in Acadia. With victories in both games, Saint Mary's would finish first and earn a bye to the conference final.

© METRO HALIFAX

## Huskies, Tigers share lead

The Saint Mary's Huskies and Dalhousie Tigers each sit at 1-1 following the opening weekend of the men's AUS hockey season.

Saint Mary's blanked the Tigers 5-0 at Dalhousie Memorial Arena on Friday night, but in its home opener the next night, before over 3,700 fans at the Forum, the defending CIS champions dropped a 4-2 decision to the St. Francis Xavier X-Men.

Dalhousie rebounded from its loss to the Huskies by beating the Acadia Axemen in Wolfville on Saturday 3-1.

© METRO HALIFAX



### Quoted



**"We didn't convert when we needed to convert, but our defence played awesome today. We did enough to clinch it, and I'm always going to enjoy that."**

MONTREAL QB ANTHONY CALVILLO, FOLLOWING HIS TEAM'S 22-19 WIN OVER WINNIPEG YESTERDAY. THE ALOUETTES CLINCHED THE EAST DIVISION FOR THE NINTH TIME IN 12 SEASONS.

## Rooney wants out: Reports

Wayne Rooney has reportedly told Manchester United that he wants to leave the Premier League club, although the club said speculation that the star striker will be sold in the January transfer window was "nonsense."

Several British newspapers — including the Guardian and Telegraph — reported on their websites last night that Rooney has fallen out with Manchester United manager Alex Ferguson since allegations surfaced about the player's private life last month.

THE ASSOCIATED PRESS



Scan code for news

# Big Ben returns with a bang

Coming back from suspension, Roethlisberger throws three TDs Steelers improve record to 4-1



With Ben Roethlisberger revelling in the cheers he once feared he might not hear, the Pittsburgh Steelers looked like themselves for the first time all season. They also sounded like the team that loves to intimidate.

To the Cleveland Browns, it was Steelers linebacker James Harrison who was the game's impact player. Twice.

Roethlisberger, cheered loudly during his first game in nine-and-a-half months, returned from his four-game suspension to throw

**84** To ease Roethlisberger in, the Steelers ran Rashard Mendenhall frequently at the start. He finished with 84 yards, including a two-yard TD run.

three touchdown passes, and the Steelers (4-1) shut down a Browns offence that was depleted by Harrison hits during a 28-10 victory yesterday.

With the Steelers leading 7-3 but backed up to their own four late in the third quarter, Roethlisberger — flashing the big-play ability his team lacked without him — completed passes of 50 yards to Mike Wallace and 36 yards to Heath Miller on successive plays.

Three plays later, Hines Ward fought through two potential tacklers on an eight-yard touchdown catch that made it 14-3.

Roethlisberger finished 16-of-27 for 257 yards during his first regular-season game since he was accused of,

with, sexually assaulting a Georgia college student in March.

Then, numerous

fans professed to be outraged with the quarterback's actions. Except for 20 sign-carrying protesters outside Heinz Field, that anger wasn't evident as Roethlisberger received numerous loud ovations from the standing-room crowd of 65,168.

"I started thinking about it on the way here," said Roethlisberger, who once worried that his reception would be chilly. "Before the game I got emotional. To hear the cheers was something special. I got a little emotional."

The Browns (1-5) couldn't get into the end zone until rookie Colt McCoy threw a 12-yard scoring pass to Ben Watson with Pittsburgh already up by 18 points.

McCoy (23 of 33, 281 yards, five sacks) didn't look overwhelmed in his



► Ben Roethlisberger celebrates a touchdown pass yesterday.

first NFL start, but he played with a depleted cast after Harrison hits sidelined wide receivers Joshua Cribbs and Mohamed Massaquoi with head injuries during the second quarter.

"We had our hands full with those guys," McCoy said. "They're really fast, they're really good."

THE ASSOCIATED PRESS



## Brady's old friend Branch keys Patriots OT victory



Four years after leaving the Patriots, Deion Branch felt like — and played like — he'd never been gone.

New England reacquired Tom Brady's old reliable receiver five days after trading Randy Moss

and, with less than a week of practice, Branch sparked a comeback from a 10-point deficit to a 23-20 overtime win yesterday over the Baltimore Ravens.

He capped that with two key catches that set up Stephen Gostkowski's 35-yard field goal with 1:56 left in overtime.

"Tom and I have been away for four years and I honestly don't feel we missed a beat," Branch said.

He had seven receptions after the Ravens (4-2) took a 20-10 lead three seconds into the fourth quarter and finished with nine, the most he had in a regular-season game since catching 13 against San Diego as a rookie in 2002 after the Patriots drafted him in the second round.

The Patriots (4-1) won their eighth straight game after a bye. The Ravens' three-game winning streak came to an end.

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### Scoreboard

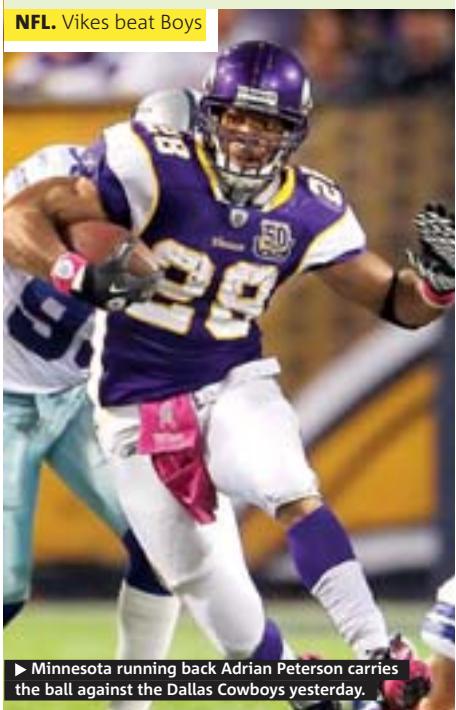
Yesterday's NFL results:

Houston 35 Kansas City 31  
Miami 23 Green Bay 20 (OT)  
Minnesota 24 Dallas 21  
New Eng 23 Baltimore 20 (OT)  
New Orleans 31 Tampa Bay 6  
N.Y. Giants 28 Detroit 20  
N.Y. Jets 24 Denver 20  
Philadelphia 31 Atlanta 17  
Pittsburgh 28 Cleveland 10  
San Francisco 17 Oakland 9  
Seattle 23 Chicago 20  
St. Louis 20 San Diego 17  
Indianapolis at Washington

**149**

San Francisco 49ers Frank Gore ran for 149 yards including a 64-yard scramble that set up teammate Vernon Davis' third touchdown of the season, as the disappointing Niners beat the lowly Oakland Raiders 17-9 yesterday to claim their first victory of the season.

### NFL. Vikings beat Boys



► Minnesota running back Adrian Peterson carries the ball against the Dallas Cowboys yesterday.



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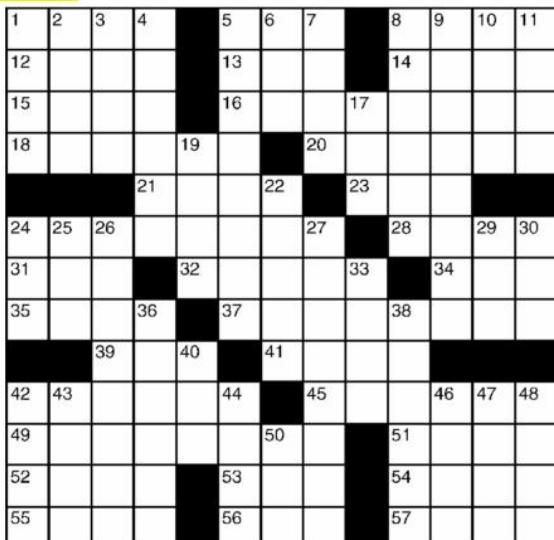
## Favre falters in close win

Percy Harvin's 95-yard kickoff return for a touchdown gave Minnesota a spark to start the second half, and the Vikings overcame another uneven game by Brett Favre in a 24-21 victory over the Dallas Cowboys yesterday. Playing with a bad elbow and the NFL investigating alleged racy messages he sent to a former New York Jets employee, Favre took a bunch of big hits and finished 14-for-19 for 118 yards, one touchdown and one turnover.

## Crossword

**Across**

1 Metric measure  
5 Pouch  
8 Portent  
12 Old Italian money  
13 Mentalist Geller  
14 Inlet  
15 Secondhand  
16 Wrist adornment  
18 Member of the service?  
20 Former Houston squad  
21 Awestruck  
23 Homer's interjection  
24 Tract  
28 Fork feature  
31 Literary collection  
32 Fully filled  
34 Meadow  
35 Youngster  
37 Seven-line verse  
39 Id counterpart  
41 Round bread of India  
42 Parka  
45 Some hosiery  
49 Bedspread  
51 "American —"  
52 Hastens  
53 Guitar's kin  
54 Mediocre  
55 Blunders  
56 Club —  
57 Genealogy chart



8 Spotted wildcat  
9 Potential mountain?  
10 Always  
11 Trawler gear  
17 Spanish hero, with "El"  
19 Grunting sounds  
22 Board  
24 Greet Fido  
25 Whatever amount  
26 "What Not to Wear" specialty  
27 Occupied  
29 Born  
30 Chow down  
33 Crucial time  
36 Exit  
38 Sign up

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